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Contact: Gerald Coggin, Sr. V.P
Phone: (615) 890-2020

ADAMSPLACE TAKES TOP HONOR

Murfreesboro, Tenn. – National HealthCare Corporation (AMEX: NHC; NHC.PRA), one of the nation’s leading operators of senior care services, announced today that The Health Center at AdamsPlace in Murfreesboro received NHC’s highest honor by winning the Center of the Year award at this year’s annual management conference.

NHC gives the award to the center that meets the highest standard in patient support, safety, rehabilitation and nursing care, employee turnover and financial performance. Buckley Winfree, administrator, accepted the honor for his staff.

Winfree said all of his partners were thrilled and proud when told they had achieved NHC’s highest honor. “It is truly a privilege to have the opportunity to work with so many dedicated people who go out of their way to not only ensure that our patients receive the highest level of clinical and rehabilitative care, but also deliver that care with compassion and attention to the individual needs of our patients”, said Winfree.

In addition, AdamsPlace received NHC’s Five Star Excellence Certification. Five Star Excellence Certification is the premium category for operational performance for NHC. It recognizes the outstanding services provided by the center staff and publicly recognizes the center and staff as one of NHC’s best.

AdamsPlace is a continuing care retirement community which offers four levels of care for older adults on one campus. These services include retirement living, assisted living, continuing care, and skilled nursing and rehab services.

NHC affiliates operate for themselves and third parties 77 long-term health care centers with 9,892 beds. NHC affiliates also operate 33 homecare programs, seven independent living centers and 15 assisted living communities. NHC’s other services include Alzheimer’s units, long-term care pharmacies, hospice, a rehabilitation services company, and providing management and accounting services to third parties. Other information about the company can be found on our web site at www.NHCcare.com.