

FORM 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0362
Expires: January 31, 2005
Estimated average burden
hours per response.....0.5

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Form 3 Holdings Reported

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

Form 4 Transactions Reported

1. Name and Address of Reporting Person* Richard F. LaRoche, Jr. 2103 Shannon Drive Murfreesboro TN 37129	2. Issuer Name and Ticker or Trading Symbol National HealthCare Corporation [NHC]	5. Relationship of Reporting Person(s) to Issuer (check all applicable) <input checked="" type="checkbox"/> Director ___ 10% Owner ___ Officer (give title below) ___ Other (specify below)
	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2010	
	4. If amendment, Date Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person ___ Form filed by More Than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Trans- action Date (mm/dd/yy)	2A. Deemed Execution Date, if any (mm/dd/yy)	3. Trans- action Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, & 5)			5. Amount of Securities Beneficially Owned at End of Issuer's Fiscal Year (Instr. 3, & 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Amount	(A) or (D)	Price			
Common Stock, Family LP (BFLP) (2)							29,523	I	General Partner
Common Stock - Fam. Partnership (LR Ent.)	11/03/2010		J	5,302 (1)	D	\$0	31,698	D	
Common Stock - Fam. Partnership (LFLP)	11/02/2010		J	6,000 (1)	D	\$0	104,138	I	General Partner
Common Stock - Held in my name or my wife's name	12/31/2010		G	4,959 (3)	D	\$0	163,693	D	
Common Stock - Family Foundation	12/31/2010		G	8,635 (3)	D	\$0	0	I	Trustee, Family Foundation
Shares of Series A Conv. Preferred Stock (BFLP) (2)	12/31/2010		G	5,726 (3)	D	\$0	96,534	I	Gen. Partner
Shares of Series A Conv. Preferred Stock - (LR Ent.)	12/31/2010		G	2,600 (3)	D	\$0	375,602	D	
Shares of Series A Conv. Preferred Stock - (LFLP)	11/02/2010		J	51,688 (1)	D	\$0	425	I	Gen. Partner
Shares of Series A Conv. Preferred Stock-Family Foundation	12/31/2010		G	1,980 (3)	D	\$0	8,500	I	Trustee

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Name and Address of Reporting Person
 Richard F. LaRoche, Jr.
 2103 Shannon Drive
 Murfreesboro TN 37129

Issuer Name and Ticker or Trading Symbol
 National HealthCare Corporation [NHC]

Period Of Report
 12/31/2010

Table II -Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (mm/dd/yy)	3A. Deemed Execution Date, if any (mm/dd/yy)	4. Transaction Code (Instr. 8)	5. No. of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, & 5)		6. Date Exercisable and Expiration Date (mm/dd/yy)		7. Title and Amount of Underlying Securities (Instr. 3 & 4)		8. Price of Derivative Security (Instr. 5)	9. No. of Derivative Securities Beneficially Owned at End of Fiscal Year (Instr. 4)	10. Ownership Form of Derivative Securities: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Option to Purchase Common Stock	\$44.25						05/03/2006	05/02/2011	Common Stock	15,000		15,000	D	
Option to Purchase Common Stock	\$52.50						04/24/2007	04/23/2012	Common Stock	13,000		13,000	D	
Option to Purchase Common Stock	\$51.50						05/01/2008	05/01/2013	Common Stock	15,000		15,000	D	
Option to Purchase Common Stock	\$37.70						05/05/2009	05/04/2014	Common Stock	15,000		15,000	D	

Explanation of Responses:

- (1) - Prorata distribution to limited partners.
 (2) - GRAT distributed to family partnership.
 (3) - Charitable pledges to public charities satisfied through 12/31/10 gifts.

By: Richard F. LaRoche, Jr.
 **Signature of Reporting Person

2/1/2011
 Date